# Lapu mēnesis: maijs

**1**

**Labor Day & Constitution Day**

In Latvian: Darba svētki; Latvijas Republikas Satversmes sapulces sasaukšanas diena

May 1, 2025

*Public holiday*

*May 1 is a double holiday in Latvia. First, it is Labor Day, as celebrated in many countries. In Latvia, it is also the anniversary of the first meeting of the 1920 Constitutional Assembly of the Republic of Latvia that gave Latvia its first democratic constitution. For most, however, it is primarily a day for rest and enjoying the late spring weather with hikes, picnics, and concerts.*

**2**

**FOLKLORE: BELIEFS**

LAPU DIENA (1. maijs). - Ticejumi

**3**

How to Celebrate White Tablecloth Holiday on May 4 - American Latvian Association

**4**

**Restoration of Independence Day**

In Latvian: Latvijas Republikas Neatkarības atjaunošanas diena

May 4, 2025

*Public holiday*

Latvia has two Independence Days. May 4 is the anniversary of Latvia's 1990 declaration of independence following occupation by the Soviet Union for 50 years. On this day, the Supreme Council of the Soviet Socialist Republic of Latvia reinstituted the 1922 Constitution of the Republic of Latvia, which remains in effect today. The council's declaration states that Latvia had been sovereign throughout the occupation and emphasized that more than 50 countries never recognized the USSR's annexation of Latvia. This holiday is marked with speeches and parades, including a military parade hosted by a different city each year. People gather for dinners featuring traditional foods served on white tablecloths, symbolic of national pride and unity. The other Independence Day is on November 18.

**5 LEARN ABOUT:**

https://en.wikipedia.org/wiki/Supreme_Court_of_Latvia

**6 VOCABULARY**

Learn Latvian. Lesson 34: Family members

Learn Latvian. Lesson 35: Extended family members

**7 VOCABULARY**

Learn Latvian. Lesson 37: Family relations

**8 IRREGULAR LATVIAN**

(Mothers-in-law, pregnancy etc)

https://www.google.com/search?q=irregular+latvian+and+mother%C5%A1+day&rlz=1C1SLLM_enCA1113CA1113&oq=irregular+latvian+and+mother%C5%A1+day&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigATIHCAIQIRigATIHCAMQIRiPAjIHCAQQIRiPAtIBCjEyNTM0ajBqMTWoAgiwAgHxBY-vE68gvdN_&sourceid=chrome&ie=UTF-8#fpstate=ive&vld=cid:22acf8d6,vid:IcXr6ulMx2k,st:0

**9 WEATHER**

**Weather watcher Vilis Bukšs has revealed what beliefs determine the weather in May. "If the beginning of May is warm and dry, the end of the month will be cool and rainy, and vice versa. If it rains at the end of May and in the first two days of June, then the first month of summer, June, will be dry. If May is cool and June is wet, then cellars and barrels will be filled, but if May comes like a gardener, then the granaries will be empty," informs Bukšs. Source: nra.lv**

**10** Last month we looked at the symbol ŪSIŅŠ, officially commemorated May 10th. A primer on Ūsiņi, the start of summer - Latvians Online

**11 MĀTES DIENA**

Mātes diena 2025

**12**

**ON SPOTIFY:**

https://open.spotify.com/track/3DxoYQNwrCoxSFkmczMyxhttps://open.spotify.com/track/3DxoYQNwrCoxSFkmczMyxV (music and lyrics)

**YOUTUBE.COM:**

Promise Me Mother (music only)

**13**

**LET'S KNIT IN LATVIA**

**Mittens Knitting Retreats**

**Kurzeme June 1-6**

**Latgale July 28-Aug**

Knitting: LATVIAN MITTENS AND TRADITIONAL PATTERNS- Events

**14** NATURE:

Migratory Birds mammadaba - Migratory birds are returning to Latvia

**15**

TRUE LATVIAN:

Parenting (dark humour)

https://www.google.com/search?q=true+latvian+and+family&rlz=1C1SLLM_enCA1113CA1113&oq=true+latvian+and+family&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigATIHCAIQIRifBTIHCAMQIRifBTIHCAQQIRifBTIHCAYQIRifBTIHCAcQIRifBTIHCAgQIRifBTIHCAkQIRifBdIBCjEyNTQ1ajBqMTWoAgiwAgHxBduOsdo1x_hBBQXhjrHbhrF2mQ&sourceid=chrome&ie=UTF-8#fpstate=ive&vld=cid:5279de44,vid:r7yX4gldijA,st:0

**16**

Kurus mīļus cilvēkus tu labprāt apkamptu?

**17**

https://www.google.com/search?q=you+tube+%22tum%C5%A1anakte%2C+za%C4%BCo+z%C4%81le%22&rlz=1C1SLLM_enCA1113CA1113&oq=you+tube+%22tum%C5%A1anakte%2C+za%C4%BCo+z%C4%81le%22&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRifBTIHCAIQIRifBTIHCAMQIRifBTIHCAQQIRifBTIHCAUQIRifBTIHCAYQIRifBTIHCAcQIRifBTIHCAgQIRifBTIHCAkQIRifBdIBCjEyNTQ1ajBqMTWoAgiwAgHxBduOsdo1x_hBBQXhjrHbhrF2mQ&sourceid=chrome&ie=UTF-8#fpstate=ive&vld=cid:12c6b660,vid:26Juuz9oX80,st:0

**TUMŠA NAKTE, ZAĻA ZĀLE**

**18**

**CULINARY ARTS: RASOLS**

- Rasols - Latvian Eats

-The Hirshon Estonian Potato, Beet And Herring Salad - Rosolje - ★ The Food Dictator ★ (a rather long article but the recipe is what Latvians in Canada would call "rasols")

**19**

SAKĀMVĀRDS:

Ar vienu labu vardu vairāk panāksi nekā ar simts ļaunu.

What does it mean?

**20 NATURE**

Maijs – sējas, lapu, ziedoņa un dziedoņu mēnesis / Raksts (LV & ENG)

**21 BASKETBALL IN LATVIA**

Latvia Basketball, News, Teams, Scores, Stats, Standings, Awards - eurobasket

**22**

Where can you find the monument "Māte Latgale Raud"?

"Māte Latgale raud" par visiem represijās cietušajiem (LV & ENG)

**23**

"Zāģēt kādam galvu" isn't as gruesome as it sounds. Check out what it really means:

Funny Figurative Expressions in the Latvian Language - Talkpal

**24 ĢIMENES KOKS**

Izpēti un uzzīmē savu ģimenes koku:

Free Family Tree Maker (No Limits, Create Instantly)

**25** How far back can you trace your Latvian ancestors (senči)?

https://www.google.com/search?q=how+far+back+can+you+trace+your+Latvian+ancestors&rlz=1C1SLLM_enCA1113CA1113&oq=how+far+back+can+you+trace+your+Latvian+ancestors&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIJCAEQIRgKGKABOgEKMTYwMTZqMGoxNegCCLACAfEFx-RwOwRDo7E6&sourceid=chrome&ie=UTF-8

**26** COMIC HEROES

This Latvian-born artist is the author of the Green Lantern.

**27 LITERATURE:**

**Aspazija**

Aspazija's 160th birthday marked minus monument

Šveicē svin Aspazijas dzimšanas dienu

**28** Mini Mīklas!

Mīklas no vecmāmmiņas pūra lādes (LV and ENG)

**29 Iesvētības**

**Latvijā, 1936**

-Zudusī Latvija - Iesvētības (LV & ENG)

**Toronto**

-Iesvētības - Sv. Andreja Latviešu Draudze Toronto (LV & ENG)

**30**

**LATVIEŠU ŽARGONS**

**When is an "autiņš" NOT a "diaper"?**

**31**

SAKĀMVĀRDS:

Koks nekrīt uz pirmā cirtiena.

What does it mean?